



Common Terms, Acronyms, and Abbreviations for the NC Innovations Waiver

Acronyms and Abbreviations:

- **NC Innovations Waiver**: A Medicaid waiver program in North Carolina designed to provide services for individuals with intellectual and developmental disabilities.
- **EOR**: Employer of Record. The individual or entity that employs the direct support workers and is responsible for employment tasks within the self-directed services model.
- **IDD**: Intellectual and Developmental Disabilities. Refers to a variety of conditions that are due to mental and/or physical impairments.
- **FMS**: Financial Management Services. An organization that assists EORs with financial and payroll responsibilities, including tax withholding and reporting.
- **EVV**: Electronic Visit Verification. A system that electronically verifies service provision by recording the time services begin and end.
- **ISP**: Individual Support Plan. A detailed plan that outlines the supports and services an individual requires, based on their unique needs and goals.
- **B3 Services**: Medicaid services that are offered to individuals who don't qualify for the Innovations Waiver, named after the funding source, 'B3' funds.
- **LME/MCO**: Local Management Entity/Managed Care Organization. An organization that manages the provision of services for individuals with mental health, developmental disabilities, and substance abuse needs in NC.
- **PASRR**: Preadmission Screening and Resident Review. A federal requirement to help ensure that individuals are not inappropriately placed in nursing homes for long-term care.
- **PCP**: Primary Care Provider or Person-Centered Plan, depending on context.
- **QI**: Quality Improvement. Efforts to improve the quality of care and services provided.
- **TBI**: Traumatic Brain Injury. An acquired injury to the brain caused by an external physical force.
- **CMS**: Centers for Medicare & Medicaid Services. The federal agency that administers the nation's major healthcare programs including Medicaid and Medicare.



- ****DHHS****: Department of Health and Human Services. The state or federal department responsible for health and human services programs, including Medicaid.
- ****HCBS****: Home and Community-Based Services. Long-term care services provided to individuals in their own home or community rather than in institutional settings.
- ****I/DD****: Intellectual and/or Developmental Disabilities. A term used to describe persons with intellectual disability and those with developmental disabilities.
- ****IRIS****: Incident Response Improvement System. A system used to report and track incidents affecting the health and safety of individuals receiving services.
- ****NPI****: National Provider Identifier. A unique identification number for covered health care providers.
- ****OT****: Occupational Therapy. Therapeutic services designed to help individuals develop, recover, or maintain daily living and work skills.
- ****PT****: Physical Therapy. Services provided to individuals to develop, maintain, and restore maximum movement and functional ability.
- ****SLP****: Speech-Language Pathology. Therapeutic services to assess, diagnose, treat, and help to prevent communication and swallowing disorders.
- ****SIS****: Supports Intensity Scale. An assessment tool used to determine the level of support an individual with intellectual or developmental disabilities requires.

Terms:

- ****Self-Direction****: An option within the NC Innovations Waiver that allows participants to have control over their services, including the ability to hire and manage their own staff.
- ****Care Coordinator****: A professional who assists individuals in accessing necessary services and supports, and oversees the implementation of the Individual Support Plan.
- ****Natural Supports****: Personal associations and relationships typically developed in the community that enhance the quality and security of life for people, including family, friends, co-workers, and neighbors.
- ****Respite Care****: Temporary relief care designed for families of children or adults with intellectual and developmental disabilities.



- **Supported Employment**: A service that provides assistance, such as job coaching, to help individuals with disabilities find and maintain employment.
- **Therapeutic Consultation**: Professional advice and guidance provided to EORs or direct support workers to address specific needs of the individual receiving services.
- **Behavioral Support**: Interventions and support services designed to address challenging behaviors that may interfere with the individual's inclusion in community settings.
- **Community Navigator**: A service that assists individuals in accessing community resources and developing relationships within the community.
- **Direct Support Professional (DSP)**: An individual employed by the EOR who provides direct support and services to individuals with disabilities.
- **Guardian**: A person legally appointed to make decisions on behalf of an individual who is unable to make decisions for themselves.
- **In-Home Skill Building**: Training to support the development of skills necessary for the individual to live as independently as possible.
- **Person-Centered Planning**: A process directed by the individual receiving services that identifies their strengths, capacities, preferences, needs, and desired outcomes.
- **Service Authorization**: The process through which services outlined in the Individual Support Plan are approved by the waiver program.
- **Stakeholder**: Any person, group, or organization that has an interest in or is affected by the provision and outcomes of the services provided under the NC Innovations Waiver.

Understanding these terms and acronyms will help ensure effective communication and understanding among all parties involved in the NC Innovations Waiver services. It's important for EORs and participants to stay informed and seek clarification when encountering unfamiliar terminology or procedures.