



## FROM THE WHEELCHAIR TO THE CAR



As a caregiver, you may have to take your patient/client to the doctor or therapy. Knowing how to transfer a person from a wheelchair into the car without injuring yourself or the patient is important. There are many variables to consider. This safety talk is intended to cover how to transfer a patient from a wheelchair to the car. In this case, the patient must be able to help and must be wearing a gait belt or safety belt.

### STEP 1

- Open the passenger door.
- Move the side of the wheelchair as close to the car seat as possible.
- Lock the chair's wheels.
- Move both footrests out of the way.

### STEP 2

- Position yourself so that you are facing the person.
- Tell him what you are going to do.
- Bend your knees and hips and lower yourself to his level.
- Hold onto the transfer belt, or gait belt around his waist and straighten your knees.

### STEP 3

- While he is standing, turn him so that he can slowly sit down on the car seat. Make sure he does not hit his head.

### STEP 4

- Lift his legs into the car by placing your hands under his knees.
- Move him to face the front.
- Put on his seat belt.
- Close the door carefully.

